

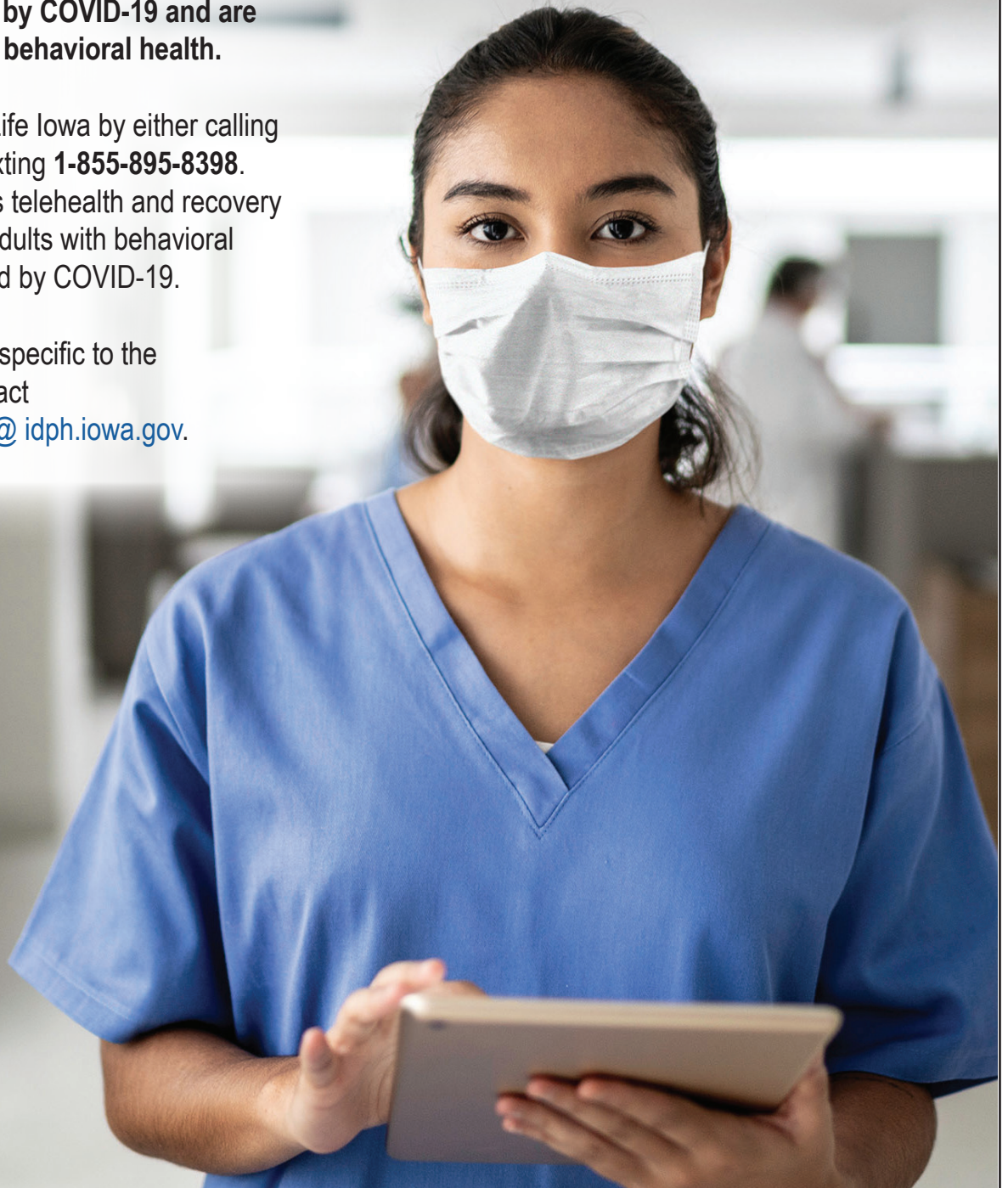
Do You Need Help Coping with COVID-19?

The Iowa Department of Public Health has a new program to support healthcare professionals who have been impacted by COVID-19 and are struggling with their behavioral health.

Please contact Your Life Iowa by either calling **1-855-581-8111** or texting **1-855-895-8398**.

The program provides telehealth and recovery support services for adults with behavioral health needs impacted by COVID-19.

For more information specific to the program, please contact jennifer.robertson-hill@idph.iowa.gov.



IOWA
DEPARTMENT
OF PUBLIC
HEALTH



Sponsored by the Iowa Department of Public Health and funded by Substance Abuse Mental Health Services Administration, Emergency COVID-19 Project (CFDA 93.665).

October 2020